

Five SMART Rules for Primary Children:

Safe: when chatting online, stay safe by not giving out personal information like your e-mail address, phone number and password

Meet: remember online friends are strangers even if you have been talking to them online for a long time. Never arrange to meet them in person without your parents' or carers' permission and even then only when they can be present.

Accepting: accepting e-mails, texts, images or opening files from people you do not know or trust can lead to problems – they may contain viruses or nasty messages.

Reliable: always check information by looking at other websites, books or with somebody who knows. Someone might lie about who they are on the internet or information may not be true. If you like chatting, it is best to chat to real world friends and family.

Tell: tell a parent carer or trusted adult if something makes you feel worried or if you or someone you know is being bullied online.

Age Restrictions for Account Holders on Social Media Platforms:

Age 13	Age 14	Age 18
Twitter	LinkedIn	Path
Facebook	Age 16	
Instagram	WhatsApp	
Pinterest	Age 17	
Google+	Vine	
Tumblr	Tinder	
Snapchat		

Further Resources and Information:

www.saferinternet.org.uk



www.iwf.org.uk



www.childline.org.uk



If you would like support on parental controls and e-safety, the following links have been recommended by the Bedfordshire Police Children and Young People's Development Officer:

- http://vodafone.com/content/parents/digital-parenting/view_html
- <http://ceop.police.uk/>
- http://www.bedfordshire.police.uk/tackling_crime/cybercrime_online_safety/sexting_-_self_generated_images/advice_for_parents_carers.aspx

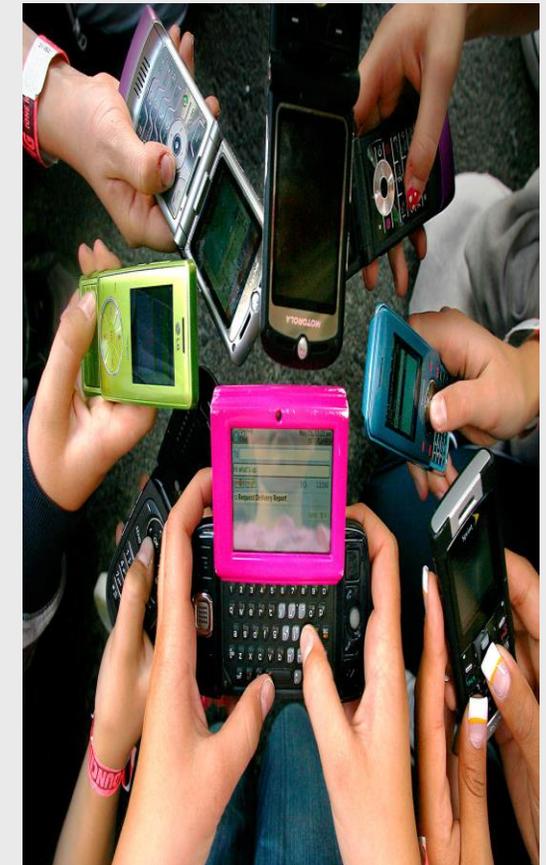
If you have any other ideas on how we can support families on these issues, then please contact the respective Head of Year.

(Acknowledgements: Child net International)

Priory Academy

Keeping Our Children Safe on-line

Cyber-safety Guidelines for Parents



THE INTERNET – POSITIVE AND INSPIRING

In the ever-changing world of technology, the internet provides an exciting resource for our children, where they can connect, communicate and create in ways that perhaps some of us as carers and parents sometimes feel less adept.

However, children still need advice and protection when it comes to managing their lives on line.

THE RISKS

Dependent upon their age and type of activities, risks will vary. However, there are four main categories of which to be aware:

CONTENT: Content can be unreliable or bias and children need help with understanding this. They also need to be protected from content which is hurtful and harmful, usually accessed through internet games, social networks, videos and blogs.

CONDUCT: It is easy to feel anonymous online, but children need to be aware of the digital footprint they create when online and who might have access.

CONTACT: Children need to realize that friends met online may not be who they say they are and that once added to a social network may have access to lots of personal information thus putting them in danger.

COMMERCIALISM: advertising and marketing schemes can lead children to unknowingly spend money online, for example within applications.

What can I do right now?

- Encourage your child to talk to you about their internet use: for example, who they're talking to, services they're using, and any issues they may be experiencing.
- Create a family agreement to establish your children's boundaries, and your expectations, when on the internet.
- Give your child strategies to deal with any online content that they are not comfortable with – such as turning off the screen, telling an adult they trust and using online reporting facilities.
- Consider using filtering software to block unwanted content.
- Encourage your children to 'think before you post.' Online actions can impact not only yourself but the lives of others.
- Understand the law. Some online behaviour may break the law, for example when downloading or sharing content with others.
- Familiarise yourself with the privacy settings and reporting features available on popular sites and services.
- If your child is being bullied online, save all available evidence and report the incident, to the school, service provider, or the police if the law has been broken.
- Familiarise yourself with the age ratings for games and apps which help to indicate the level and suitability of the content.
- Set up a family email address that your children can use when signing up to new games and websites online.
- Encourage your children to use nicknames (where possible) instead of their full name online, to protect their personal information, create strong passwords for every account.



Five Tips for Teens:

1. **Protect your online reputation:** Remember content shared online could be shared by anyone. Use the online tools to protect your footprint and 'think before you post'.
2. **Know where to find help:** if something happens online, it is never too late to tell someone. Use blocking and deleting tools and learn how to report to service providers.
3. **Don't give in to pressure:** once you press send, you cannot take it back. It's okay to have inhibitions: they are probably your safety net.
4. **Respect the law:** know how to legally access music, film and TV you want.
5. **Acknowledge your sources:** Give credit when using others' ideas. Use reliable sources only.

Age Restrictions for Account Holders on Social Media Platforms:

Aged 18 (13 with Parental permission)

YouTube	Flickr	WeChat
Keek	Foursquare	Kik